


Values Inventory

 Read each statement, and circle the number that describes your values.

- 1 = not at all important
- 2 = not too important
- 3 = sometimes important
- 4 = fairly important
- 5 = very important

Section A

Not at All Important ←→ Very Important

1. I like making a lot of money.	1	2	3	4	5
2. I like having a lot of thrills.	1	2	3	4	5
3. I like being a little different from others.	1	2	3	4	5
4. I like to tell others what to do.	1	2	3	4	5
5. I like helping older people.	1	2	3	4	5
6. I would enjoy having my picture/name in the paper.	1	2	3	4	5
7. I like watching a beautiful sunset.	1	2	3	4	5
8. I like to play active games after school.	1	2	3	4	5
9. I like being free to do my own thing after school.	1	2	3	4	5
10. I enjoy being outdoors.	1	2	3	4	5

Section B

1. I like going shopping.	1	2	3	4	5
2. I like jobs with a lot of action.	1	2	3	4	5
3. I like doing artistic things.	1	2	3	4	5
4. I like being a leader in games and sports.	1	2	3	4	5
5. I like helping new students at school.	1	2	3	4	5
6. I enjoy having people know about how well I am doing.	1	2	3	4	5
7. I like viewing paintings and works of art.	1	2	3	4	5
8. I like to bike or jog several times a week.	1	2	3	4	5
9. I like a lot of freedom.	1	2	3	4	5
10. I like to take walks in the woods or in the park.	1	2	3	4	5



Name _____

Date _____

Section C

Not At All Important ←————→ Very Important

1. I like having rich friends.	1	2	3	4	5
2. I like doing things that others fear to do.	1	2	3	4	5
3. I like decorating my room.	1	2	3	4	5
4. I like running things my way.	1	2	3	4	5
5. I enjoy helping people in trouble.	1	2	3	4	5
6. I like being noticed everywhere I go.	1	2	3	4	5
7. I enjoy pleasing colors in my room at home.	1	2	3	4	5
8. I like to work out during the week.	1	2	3	4	5
9. I enjoy making my own decisions.	1	2	3	4	5
10. I like working outside.	1	2	3	4	5

Section D

1. I like having money in the bank.	1	2	3	4	5
2. I like driving fast.	1	2	3	4	5
3. I like being creative with materials.	1	2	3	4	5
4. I would enjoy hiring and firing people.	1	2	3	4	5
5. I like helping people solve problems.	1	2	3	4	5
6. I like having others do things for me.	1	2	3	4	5
7. I enjoy listening to beautiful music.	1	2	3	4	5
8. I like sports competition.	1	2	3	4	5
9. I like doing things my way.	1	2	3	4	5
10. I enjoy hiking in the wilderness.	1	2	3	4	5

Section E

1. I like buying expensive things.	1	2	3	4	5
2. I like having a lot of adventure.	1	2	3	4	5
3. I like finding different ways to make things.	1	2	3	4	5
4. I like being the boss.	1	2	3	4	5
5. I like helping to prevent fights.	1	2	3	4	5
6. I would enjoy seeing my name in big letters.	1	2	3	4	5
7. I enjoy seeing beautiful sights.	1	2	3	4	5
8. I like being strong.	1	2	3	4	5
9. I like to choose my own things to do.	1	2	3	4	5
10. I enjoy camping.	1	2	3	4	5

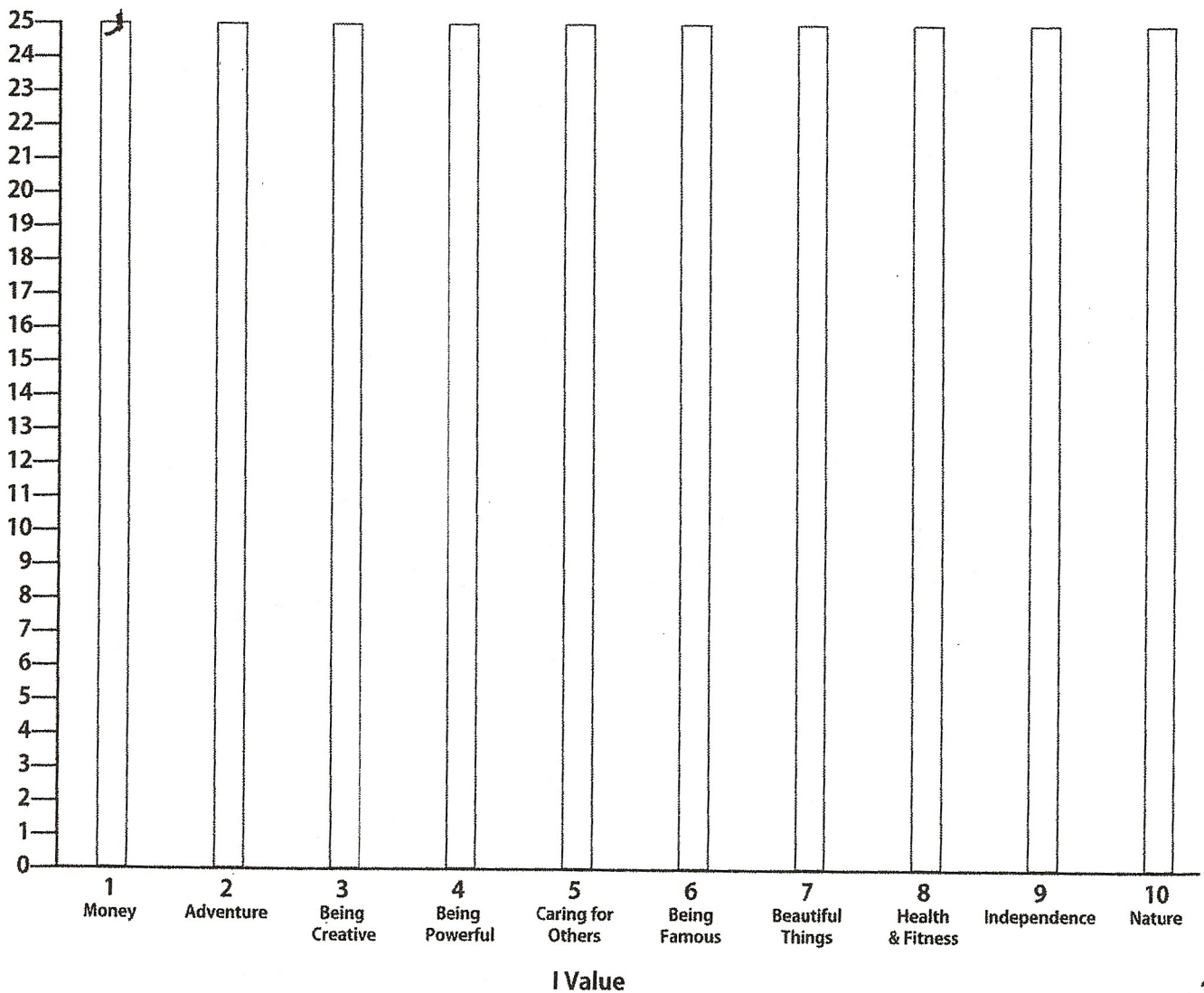
Name _____

Date _____

Values Inventory Summary

☀ Fill in the score for each item from the Values Inventory. Next, fill in the total score for each statement by adding the scores from the five sections. Graph the totals for each statement by shading in the bars from 0 up to your score.


	Statement 1	Statement 2	Statement 3	Statement 4	Statement 5	Statement 6	Statement 7	Statement 8	Statement 9	Statement 10
Section A										
Section B										
Section C										
Section D										
Section E										
Total										



Source: *Janus Job Planner* (p. 5), by W. Jew and R. Tong, 1976, Hayward, CA: Janus. Copyright 1976 by Janus Book Publishers. Adapted with permission.

Name _____

Date _____

 **Look at the "I Value" graph, and answer the following questions.**

① What is your strongest value? _____
(The higher the number, the stronger the value placed on that area.)

- What jobs are related to that value that you might enjoy doing?

② What is your second strongest value? _____

- What jobs are related to that value that you might enjoy doing?

③ What is your third strongest value? _____

- What jobs are related to that value that you might enjoy doing?
