


Name \_\_\_\_\_

Date \_\_\_\_\_

# "Satisfactions" You Need

 Put a ✓ in the box beside each statement that would bring you satisfaction right now.

- |  |   |
|--|---|
| <input type="checkbox"/> Feeling important                           | <input type="checkbox"/> Feeling independent              |
| <input type="checkbox"/> Working with words                          | <input type="checkbox"/> Always knowing what's next       |
| <input type="checkbox"/> Being told what to do                       | <input type="checkbox"/> Dealing with people              |
| <input type="checkbox"/> Feeling enthusiastic                        | <input type="checkbox"/> Being able to express your ideas |
| <input type="checkbox"/> Releasing energy through activity           | <input type="checkbox"/> Feeling safe from accidents      |
| <input type="checkbox"/> Being treated like a person                 | <input type="checkbox"/> Making your family proud of you  |
| <input type="checkbox"/> Working with numbers                        | <input type="checkbox"/> Traveling as part of your work   |
| <input type="checkbox"/> Getting attention                           | <input type="checkbox"/> Not having responsibility        |
| <input type="checkbox"/> Doing routine work                          | <input type="checkbox"/> Doing things skillfully          |
| <input type="checkbox"/> Being a member of a group                   | <input type="checkbox"/> Talking to co-workers            |
| <input type="checkbox"/> Having responsibility                       | <input type="checkbox"/> Doing an honest day's work       |
| <input type="checkbox"/> Working slowly                              | <input type="checkbox"/> Talking to others                |
| <input type="checkbox"/> Helping other people                        | <input type="checkbox"/> Encountering unexpected tasks    |
| <input type="checkbox"/> Being challenged intellectually             | <input type="checkbox"/> Feeling part of something big    |
| <input type="checkbox"/> Feeling sure of keeping your job            | <input type="checkbox"/> Having convenient working hours  |
| <input type="checkbox"/> Working with your hands                     | <input type="checkbox"/> Doing things on your own         |
| <input type="checkbox"/> Feeling proud of yourself                   | <input type="checkbox"/> Mastering an area of knowledge   |
| <input type="checkbox"/> Knowing why you're doing something          | <input type="checkbox"/> Feeling loyal to others          |
| <input type="checkbox"/> Being liked by co-workers                   | <input type="checkbox"/> Doing a variety of things        |
| <input type="checkbox"/> Achieving your ambition                     | <input type="checkbox"/> Being promoted                   |
| <input type="checkbox"/> Working with things                         | <input type="checkbox"/> Working in pleasant surroundings |
| <input type="checkbox"/> Being judged fairly                         | <input type="checkbox"/> Having authority over others     |
| <input type="checkbox"/> Competing with others                       | <input type="checkbox"/> Doing work of value to society   |
| <input type="checkbox"/> Feeling self-confident                      | <input type="checkbox"/> Using your capabilities          |
| <input type="checkbox"/> Doing precise work                          | <input type="checkbox"/> Sensing order in your life       |
| <input type="checkbox"/> Becoming well known                         | <input type="checkbox"/> Telling others what to do        |
| <input type="checkbox"/> Exercising leadership                       | <input type="checkbox"/> Liking the work you do           |
| <input type="checkbox"/> Feeling suited to your work                 | <input type="checkbox"/> Being with other people          |
| <input type="checkbox"/> Running occasional risks                    | <input type="checkbox"/> Dealing with ideas               |
| <input type="checkbox"/> Being creative or original                  | <input type="checkbox"/> Feeling useful and needed        |
| <input type="checkbox"/> Influencing people                          | <input type="checkbox"/> Enjoying daily accomplishments   |
| <input type="checkbox"/> Moving about at your work                   | <input type="checkbox"/> Doing things others can't do     |
| <input type="checkbox"/> Feeling morally worthy                      | <input type="checkbox"/> Working by yourself              |
| <input type="checkbox"/> Eating good food                            | <input type="checkbox"/> Having your work praised         |
| <input type="checkbox"/> Liking your co-workers                      | <input type="checkbox"/> Working fast                     |
| <input type="checkbox"/> Seeing the product of your work             |   |
| <input type="checkbox"/> Having time and energy for other activities |   |