

Name: _____ Date: _____

Things That Are Difficult for Me

Characteristic	Yes	No	Sometimes
I have a hard time paying attention in class.			
I'm easily distracted by noises and movements.			
It's difficult for me to memorize information.			
I forget what I'm supposed to do after instruction.			
I have trouble figuring out new words.			
I have difficulty understanding what I read.			
Reading out loud is embarrassing for me.			
I can spell words, but then forget them.			
My handwriting is hard to read.			
I have trouble writing sentences and paragraphs.			
I forget how to do math calculation problems.			
Math word problems are hard for me.			
My memory for math facts is poor.			
I forget materials I need for class.			
I lose track of time and don't finish tasks.			
I misunderstand what people say to me.			
I miss important information when I listen.			
I have a hard time saying what I mean.			
I am easily frustrated and lack confidence.			
Making friends is hard for me.			

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